

Missouri United Methodist Church

Academy of Discipleship:
Becoming Fully-Formed Disciples of Jesus Christ

Winter 2012

204 S. Ninth St. Columbia MO 65201 • 573.443.3111 • www.moumc.org

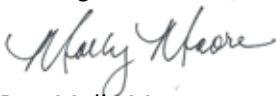
Dear Friends in Christ,

At Missouri United Methodist Church, we seek to form and uplift the well-rounded disciple of Jesus Christ. A well-rounded disciple balances a life of faith through five practices: Worship, Prayer, Learning, Service, and Giving. Through these five practices, individuals and groups are able to grow in Christian discipleship that will guide daily living.

This course catalog is organized by each of these faith practices. If you are new to our church or want to learn more yourself and God, we strongly encourage you to start with our Connecting and Belonging with Christ series which includes information of how to grow with God at MUMC, learning your God-given strengths through StrengthsFinder, and learning about our various service opportunities at MUMC.

As you look through these pages, you will find many opportunities to join with this Christian community in growing as a fully-formed disciple of Christ. My prayer is that you will find a niche – your place to grow with friends in faith. If you have questions about where to plug-in, please don't hesitate to contact me.

Blessings and Peace,



Rev. Molly Moore

Director of Discipleship Ministries

Where do I start?

If you are **new to MUMC**, check out Connecting and Belonging on page 2.

If you want to **learn more about your gifts** for life and ministry, check out StrengthsFinder classes on page 5.

If you want to experience **community in a small group**, check out Koinonia Groups on page 5.

If you want **learning opportunities on Sunday morning**, check out adult Sunday school classes on pages 4-5.

If you are a **college student**, check out college Koinonia ministry on page 8.

If you want **mid-week opportunities for learning and fellowship**, check out Wednesday Night Live on pages 6-7.

If you want to get involved in **music**, check out music ministry on page 2.

If you want to grow through **prayer**, see our prayer groups and experiences on pages 3-5.

If you want to learn about a **new vision for the church and college-aged ministry**, check out the Worlds Apart study on page 7.



Connecting and Belonging

New Member Classes are designed to give people considering membership at MUMC an overview of our history, our mission, our structure, what is special about being a Methodist, and what it means to be a member at this church. Child care is available by reservation

- Sunday, Jan. 22 @ 12:15-1:30 p.m.
- Wednesday, Feb. 15 @ 6:15-7:30 p.m.
- Sunday, March 4 @ 12:15-1:30 p.m.
- Wednesday, May 16 @ 6:15-7:30 p.m.

Coffee with the Pastor is a time set aside for people who are new to MUMC to have casual conversation with Rev. Amy Gearhart, meet other folks, and ask any questions that may have come up since attending the New Member Class. Child care is available.

- Sunday, Jan. 29 6-7 p.m.
- Sunday, Feb. 19 6-7 p.m.
- Sunday, March 11 6-7 p.m.
- Sunday, May 20 @ 6-7 p.m.

New Member Sundays are specially designated Sundays for receiving those who wish to become members of MUMC, including those transferring from another UMC or other denomination, as well as baptism for new members who have not previously been baptized.

- Sunday, Feb. 5, any/all services
- Sunday, Feb. 26, any/all services
- Sunday, March 18, any/all services
- Sunday, June 3, any/all services



Sundays @ 8 a.m. in the Chapel

This is an intimate service with a personal touch. Hymns are by request, and the sharing of prayer concerns is welcome.

Sundays @ 8:50 a.m. and 11 a.m. in the Sanctuary

More traditional in their styles, both of these services include compelling music and time set apart for the children. Children's Church activities are offered for children through grade 2 at these services. Children are dismissed to these activities following the Children's Sermon.

Music Ministry

Agape Choir offers music at 8:50 a.m. worship services. Rehearses Wednesdays @ 6:15 p.m.

Chancel Choir offers music at 11 a.m. worship services. Rehearses Wednesdays @ 7:30 p.m.

Handbells offers music at both services on a monthly basis. Rehearses Mondays @ 6:30 p.m.

Youth Choir is for students in grades 6-12. Music offered in worship monthly. Rehearses Sundays @ 5 p.m.

Grace Notes is a choir for elementary-aged children that meets Wednesdays @ 6 p.m.

Serendipity Choir is a choir for children age 18 months through Kindergarten. Meets Wednesdays @ 6 p.m. and Sundays @ 9 a.m.



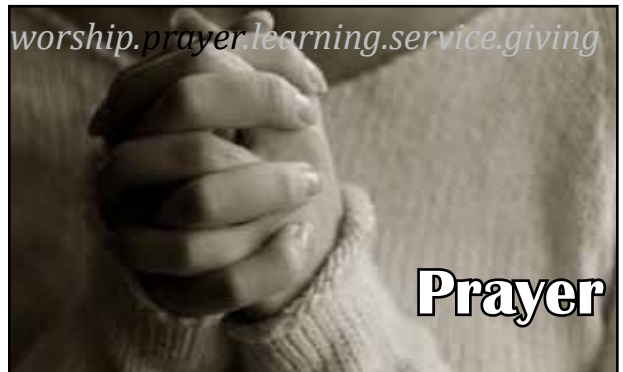
Spring Break 2012 Mission Trip

College-age and young adults are invited to travel to Chicago from March 24-31 for a week of relational ministry in conjunction with The Jesus People. Invite a friend! The week includes mission work Monday through Friday from 9 a.m. to 4 p.m. at places such as soup kitchens, clothing and food banks, senior centers, and overnight shelters. We will focus on serving and talking to people and hearing the stories of their lives. There will be a Sunday afternoon tourist excursion to Navy Pier on Lake Michigan, evenings out in downtown Chicago listening to Jazz or Blues, and sight-seeing in Chicago's downtown on the Elevated Train. Every morning and evening we'll have simple devotions and prayer as we contemplate how we have met God in the people we are serving.

Room at the Inn

Missouri UMC is leading the effort again this year to provide winter shelter for the homeless during the months of January and February. This ministry involves hundreds of volunteers from many local churches and social service organizations. This year's shelter is located off-site at 804 Old 63 S. The shelter will be open from 8 p.m. to 7 a.m. The shelter is a continuation of a global effort to not only

provide shelter but to raise awareness about the growing number of homeless, the changing demographics and the need for a full time larger day center.



Monday Morning Prayer

Mondays @ 9 a.m. in the Library
Start your week grounded in prayer as friends in faith gather to support one another in their journeys. Center yourself with God and be filled with the Spirit of Christ as you enter into your busy week. All are welcome.

Praying the Church Forward

First and Third Mondays @ 12-12:45 p.m. in the Chapel
This is an open group of people who meet during the lunch hour to pray the church forward in deepening its ministries, seeking vision, and growing as a church and Christian presence in the community. All are welcome.



Adult Classes

Sunday School

Emerging... – CLC 106

Sundays @ 10-10:50 a.m.

The Emerging... class is all about experiencing the teachings of Jesus in a fresh way – inviting you to search, question, and dialogue about faith and what matters most in life. Through the viewing of a provocative DVD, discussion and Bible study that is relevant to life today becomes the base of the class. Each class stands alone week to week – visitors are more than welcome.

Covenant Class – CLC 108

Sundays @ 10-10:50 a.m.

A class for those looking to dive a bit deeper into some of the central themes of our Christian faith, the Covenant Class takes on topics such as forgiveness, the life of Jesus, the parables, etc. While each topic is studied for several weeks, this class is designed such that people can enter in at any time and feel welcome and up-to-speed.

Adult Bible Study – CLC 107/09

Sundays @ 10-10:50 a.m.

People looking for an in-depth Bible study class

will find a home with the Adult Bible Study group. This inter-generational group meets to systematically work through the Bible using the International Lesson Series and the New Revised Standard Bible. Participants need not be Bible scholars, but rather have a heart for learning what our scriptures say to us.

Faithful Friends – CLC 110

Sundays @ 10-10:50 a.m.

This gathering of young adults ages 25-35 comes together to dialogue over faith and current events using the FaithLink curriculum. Current issues are brought to life as they are discussed from a Christian point of view, inclusive of a United Methodist response.

Seekers – 302

Sundays @ 10-10:50 a.m.

The Seekers class is a group of mature adults studying together in a supportive and affirming atmosphere to learn more about current social issues and biblical and spiritual questions with the desire to grow closer to God. The class format varies, but can involve the use of books, DVDs and lecturers. Each class also allows for ample time for class discussion and questions.

Faith Forum Koinonia Group – CLC 111

Sundays @ 10-10:50 a.m.

This is a group of Christians seeking to have deeper study and conversation around becoming stronger disciples for Christ. This small group meets for 13 weeks each semester and focuses their time on growing around the five practices of discipleship: worship, prayer, learning, serving, and giving.

Power of Connections—MPR Atrium

Sundays @ 10-10:50 a.m.

In this world of family, community, and societal obligations how can we find the quiet and

stillness needed to connect with God? Based on biblical scriptures, each week this class will explore, discuss, and practice a different way to quiet our souls that will help each of us on this important journey.

Koinonia Groups

Koinonia Groups are small groups of 10-12 people who covenant to journey together for 13 weeks at a time as they grow in Christian discipleship. This small group context allow for participants to get to know one another and on a deeper level while also enabling group members to look to one another for guidance, support, fellowship, and accountability. With specific focus on becoming a fully-formed disciple through acts of worship, learning, prayer, service, and giving, Koinonia participants experience a whole new level of faith and what it means to live as a disciple of Jesus Christ – both individually and in a group context. Koinonia Groups meet in various contexts (home, church, coffee shops) and sign-up three time each year.

- College Koinonia Group - Mondays @ 7:30 p.m. starting Jan. 30 in CLC 105
- Young Professionals Koinonia Group - Mondays @ 7 p.m. starting Jan. 30 in CLC 102
- WNL Koinonia Group - Wednesdays @ 6:30 p.m. starting Jan. 18 in CLC 110
- Faith Forum Koinonia Group – Sundays @ 10 a.m. in CLC 104
- Sunday Evening Koinonia Group -Sundays @ 4 p.m. starting Feb. 12 in CLC 106 (child care available)
- Thursday Morning Breakfast Koinonia Group - Thursdays @ 8 a.m. at Elm Street Upper Crust
- Thursday Morning Koinonia Group - Thursdays @ 10 a.m. CLC 111

Spiritual Connections

As each of us looks for meaningful ways to be in connection with God, we often find ourselves drawn to faith practices referred to as Spiritual Disciplines. Spiritual Connections is an opportunity for people to explore various disciplines of the faith in an in-depth and supportive way. One discipline will be offered each trimester.

Winter 2012: Contemplative Prayer on Tuesdays @ 6:30 p.m. from Jan. 17-March 20 in CLC 104

Spiritual Connections Retreat

Saturday, March 17

An opportunity to spend the day set apart for prayer and listening.

StrengthsFinder

This is a great class to help you find your place in the life of ministry at MUMC! Using the popular StrengthFinders 2.0 tool, people attending this class will learn about the tool, what their God-given strengths are, and how they can utilize them in the church. This class is offered three times each year and sessions are four weeks long.

Winter 2012:

Sundays @ 10 a.m. in the Parlor, Jan. 22-Feb. 12
Wednesdays @ 6:30 p.m. in CLC 107/09, Jan. 18-Feb. 8



United Methodist Women

UMW is a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ, to develop a creative supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church.



UMW Circles meet monthly for fellowship, service, and learning. Please call the church office or see www.moumc.org for more information.

WEDNESDAY NIGHTLIVE

Wednesday Night Live (WNL) is a church-wide program that begins with a catered meal at 5:30 p.m. and is followed by ministry and learning opportunities for all ages.

Children (from 6 p.m.-7:30 p.m.)

- 18 months-Kindergarten – Serendipity Choir with Miss Marilyn, followed by nursery time
- Grades 1-5 – A rotation of Grace Notes choir and Bible study/activity time
- Youth (grades 6-12) in 307 – Focuses on fellowship and community building through a variety of ways – small groups, service projects, games, and devotions

Adult Music

Agape Choir Rehearsal @ 6:15 p.m. in CLC 101
This choir rehearses to sing for the 8:50 a.m. Sunday worship service. There is no entrance requirement to become a member, only a desire to meet great people and make music together while participating in worship. Repertoire includes gospel, contemporary, and folk, usually accompanied by keyboards and drums.

Chancel Choir Rehearsal @ 7:30 p.m. in CLC 101

This is an adult, mixed ensemble that provides primarily traditional choral literature for the 11 a.m. worship service. Twice annually this choir has presented a major work by a prominent classical composer. Pieces presented in the past include a condensed version of Bach's *St. John's Passion* for Palm Sunday; Ariel Ramirez's *Misa Criolla* and Bernstein's *Chichester Psalms*.

WNL Studies Winter 2012

WNL Koinonia Group – Jan. 18- April 24

Wednesdays @ 6:30 p.m. in CLC 110

With specific focus on becoming a fully-formed disciple through acts of worship, learning, prayer, service, and giving, Koinonia participants experience a whole new level of faith and what it means to live as a disciple of Jesus Christ – both individually and in a group context.

StrengthsFinder – Jan. 18-Feb. 8

Wednesdays @ 6:30 p.m. in CLC 107/09

This is a great class to help you find your place in the life of ministry at MUMC! Using the popular StrengthFinders 2.0 tool, people attending this class will learn about the tool, what their God-given strengths are, and how they can use them in the church.

Haiti: Challenges & Hope Mission Study – Jan. 18 & 25

Wednesdays @ 6:30 p.m. in McMurry Chapel
Haiti's capital is still in ruins from the 2010 earthquake, and two-thirds of the population does not have a formal job. Join us as we welcome a guest speaker and learn more about Haiti's current situation and how we the church can continue to support them. Offered by United Methodist Cooperative School of Christian Mission.

MU at MUMC – February 1-15

Wednesdays @ 6:30 p.m. in the Chapel

Join us to learn from “teaching scholars” who are MU professors. Hearing them teach on their research, writing, and areas of study will deepen and inform our faith. Missouri UMC was built to be a cathedral church in mission to the campus. Our Wesleyan vision is to “unite knowledge and vital piety,” celebrating the richness of the relationship between the mind and our faith. Charles Wesley said, “Unite the pair so long

disjoined, knowledge and vital piety, learning and holiness combined, and truth and love let all men see.” Enjoy illuminating your spirit by using your mind!

- Feb. 1: John H. Wigger, MU Professor of History
- Feb. 8: Dennis E. Trout, Associate Professor and Chair of the MU Department of Classical Studies
- Feb. 15: Mark D. Kirk, MU Professor of Biological Sciences, and Mark A. Milanick, MU Professor of Medical Pharmacology and Physiology

Extravagant Generosity Lenten Study – March 7-28

Wednesdays @ 6:30 p.m. in CLC 103

Journey with us through Lent as we dive deeper into the spiritual role of generosity to daily financial discipleship. As we continue to grow as fully-formed disciples in the practices of worship, prayer, learning, service, and giving, this four-week study will help us explore our attitudes and practices of giving. The study is based on Bishop Robert Schnase's daily devotional, *Practicing Extravagant Generosity*, which will be available for sale in the Connector Bookstore.

Worlds Apart – March 7-April 11

Wednesdays @ 6:30 p.m. in CLC 107/109

The life stage of college age and young adults is completely different than it was for previous generations. What is the vision for College Age and Young Adult Ministry at Missouri UMC? Let's join together to read and discuss Chuck Bomar's latest book, *Worlds Apart*, as we learn how the development of higher education has led to and caused separation between generations. We will discuss the tension points and gain practical insight into how we can bridge our world with that of new generations.



www.moumc.org/collegeage

College Age and Young Adult Ministry

The vision of College Age and Young Adult Ministry is to create a place to belong. To be engaged with the church in a multitude of avenues that include learning, service, worship, prayer, and giving.

Ways to get involved:

Monday Night is Koinonia small groups night. These are groups of 8-10 people that will meet on Monday nights at 7 and 7:30 p.m. There are three types of groups. College Age Groups, Graduate Age Groups and Young Professional Groups. You may wish to mix and match in a group or be intentional in groups with those that are in the same life stage as yourself. These are semester based groups that can continue or be changed semester to semester. Each week is a stand-alone topic that allows questions to be asked, faiths to be challenged and a place that won't always have the answers. It's a time to explore topics, gain friendships, and interact with post-college leaders who will get to know you, find other places in the church that match your interests and passions, but most importantly, they will care for you, pray for you, and let you be yourself as you grow in faith.

Wednesday Night is free dinner night. Come join the entire church as we have a congregational meal in the Multi-Purpose Room at 5:30 p.m.

The meal is free for college age people. Come talk with others your age or interact with others as we all care about who you are and what your passions and interests are. The first Wednesday of each month college-age leaders gather during the dinner. Feel free to join in on that discussion of vision and dreaming.

Thursday Night is College Age Fellowship Night. At 7 p.m. we will have music and prayer in the sanctuary on the first and third Thursdays of the month. On the second Thursdays of the month we will have poetry and short-storytelling along with musical performances in the Coffee House. The remaining Thursdays will be devoted to service projects, large group studies, and fun activities that are developed by the college-age participants.

Sunday Morning worship is at 8 a.m. in the Chapel and 8:50 a.m. and 11 a.m. in the Sanctuary.

Mentoring program pairs college-age people with someone in their area of interest, hobby, passion, or profession. This program can be a once-a-semester lunch or develop into regular check-ins depending upon the schedules and desires of the mentor and mentee.

College Age and Young Adult Ministry leaders: Rev. Keith Vessell (Keith.Vessell@moumc.org or 239-1838) and Heather Morgan (Heather.Morgan@moumc.org). We are continually looking to meet with individuals, departments, and groups to learn more about you and your needs. If you would like to find out how you can find a place to belong, email or call us and we would be happy to meet over lunch or coffee/soda etc. Our goal is to learn about you and connect you with others that increase your faith, your professional goals, and your sense of belonging to a community.